

# **Educating health professionals when time is precious**

**Early stage palliative care**



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The Capital Region of Denmark



# The Capital Region of Denmark

[Read more about The Capital Region of Denmark](#)

## The Capital Region of Denmark:

- manages hospitals, performs research and services for the disabled and undertakes environmental duties
- collaborates with municipalities and the business community on developments concerning traffic, business and education
- is a public authority headed by democratically elected politicians

# REGION

## The Capital Region of Denmark



Population  
1.766.677

0-9 år	10-19 år	20-69 år	70+ år
11,5 %	11,1 %	66,3 %	11,0 %

29 municipalities

## Why?

In 2011 the  
Danish Health and Medicines Authority  
documented a need for knowledge  
of early stage palliative care  
among health professionals

Not only cancer  
But **all** life threatening diseases

Palliative care is an approach that improves the quality of life of patients and their families facing the problem associated with **life-threatening illness**, through the prevention and relief of suffering by means of early identification and impeccable assessment and **treatment of pain and other problems, physical, psychosocial and spiritual.**

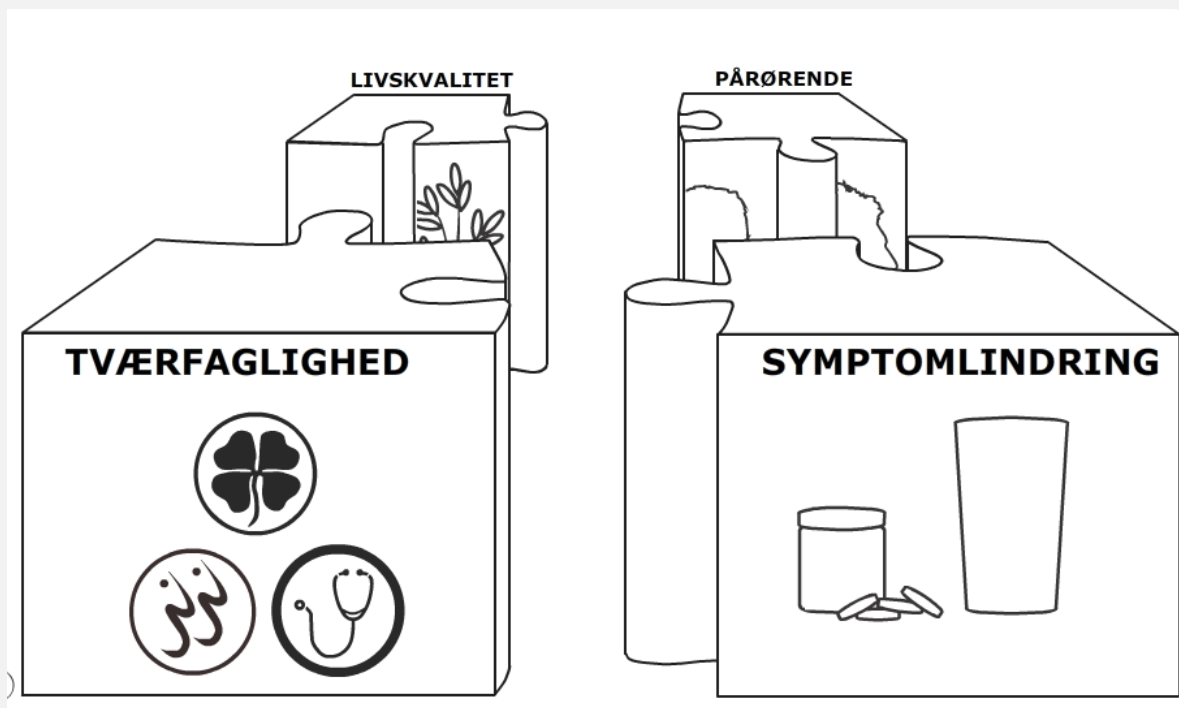
**WHO Definition of Palliative Care**

# What

Competence development

# Aim

Knowledge about palliative care



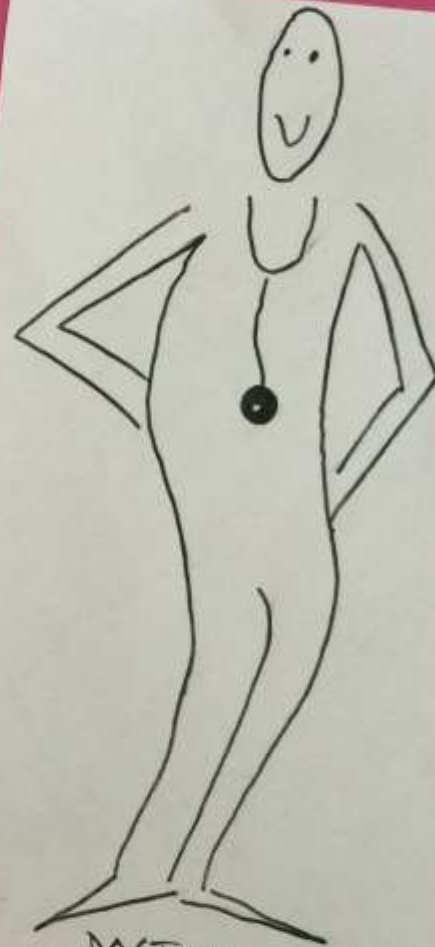
# Target group



SOCIAL & HEALTH SERVICE  
HELPERS



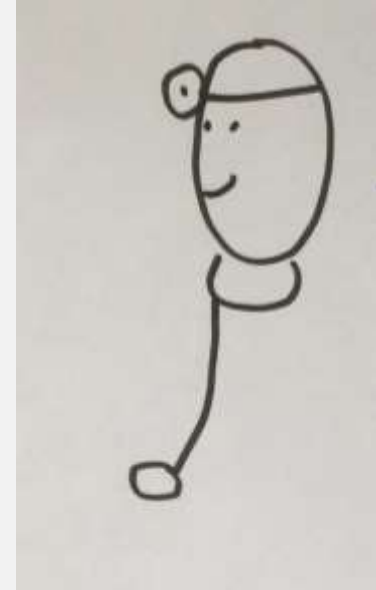
NURSES



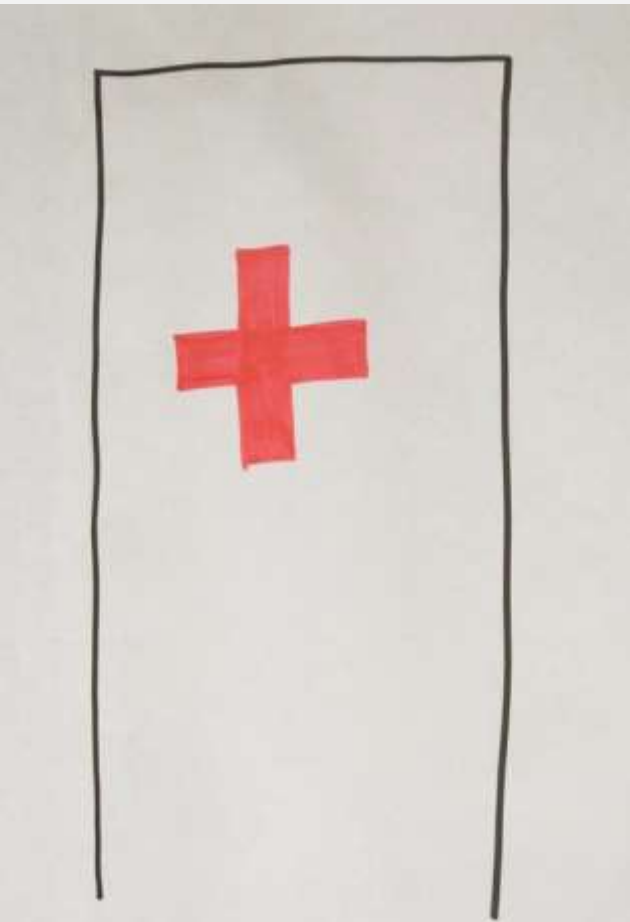
DOCTORS

# Challenge:

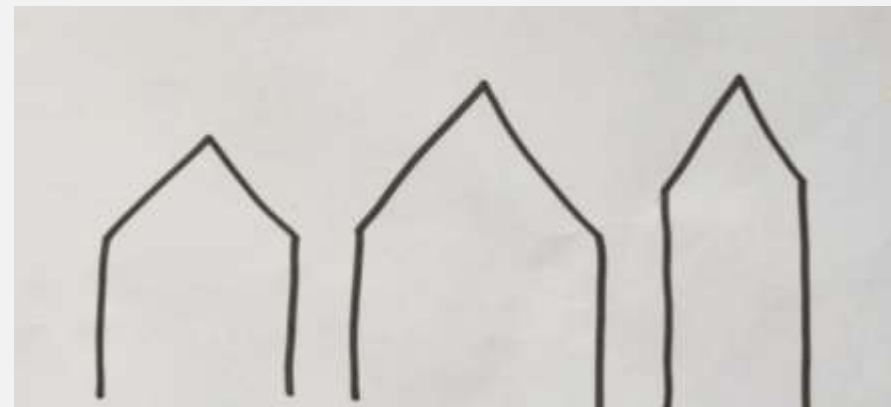
General practitioner  
1055



Hospital  
11

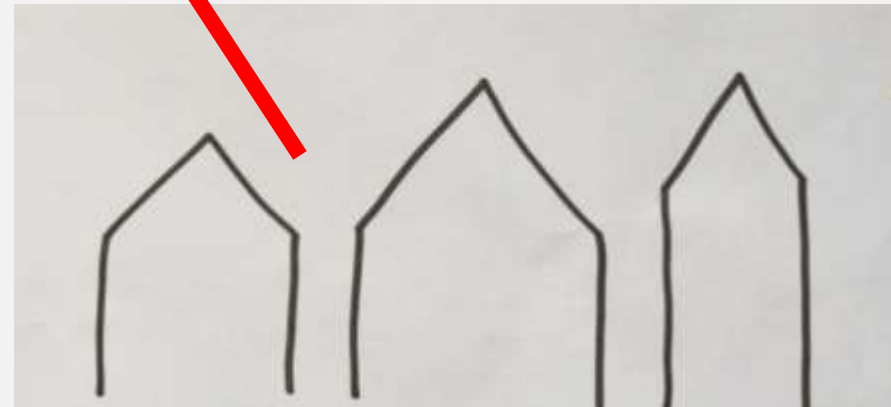
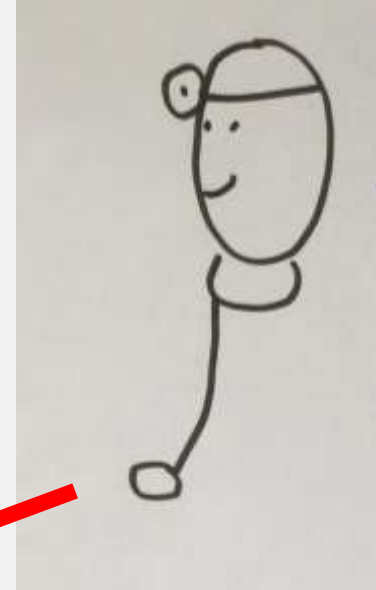
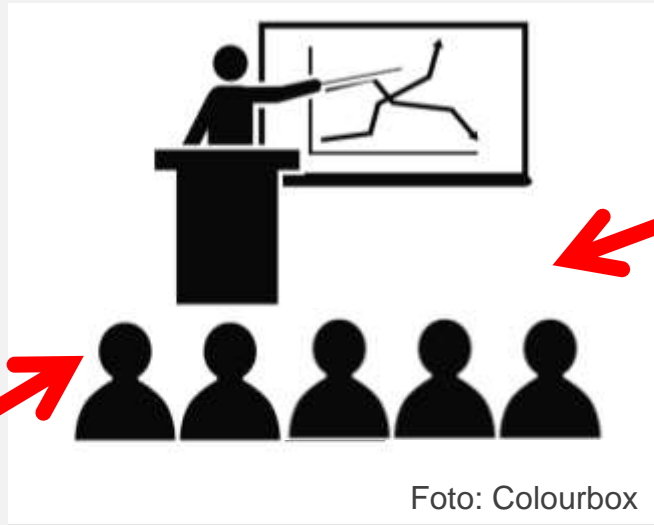
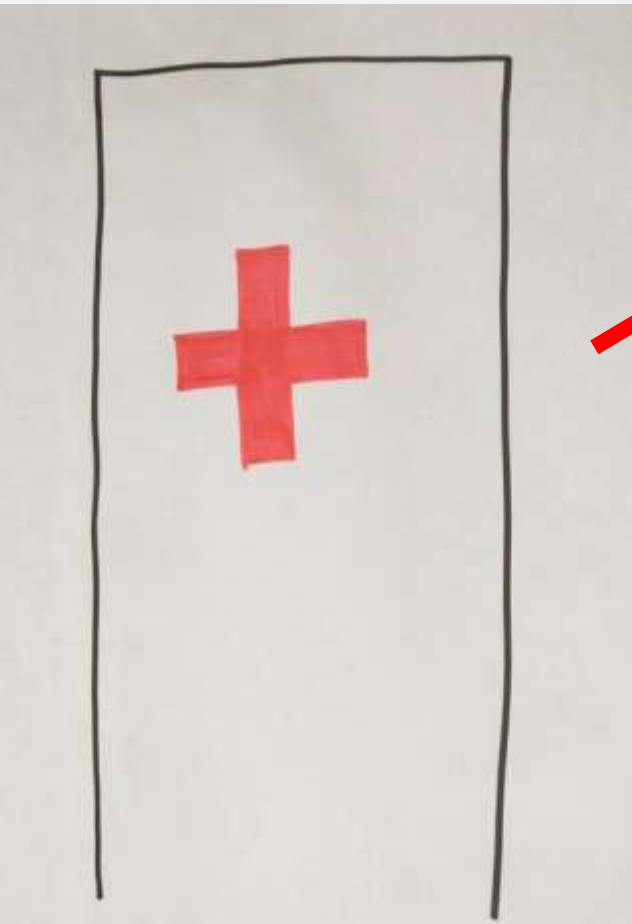


Municipality  
29





# Challenge?



# Solution?

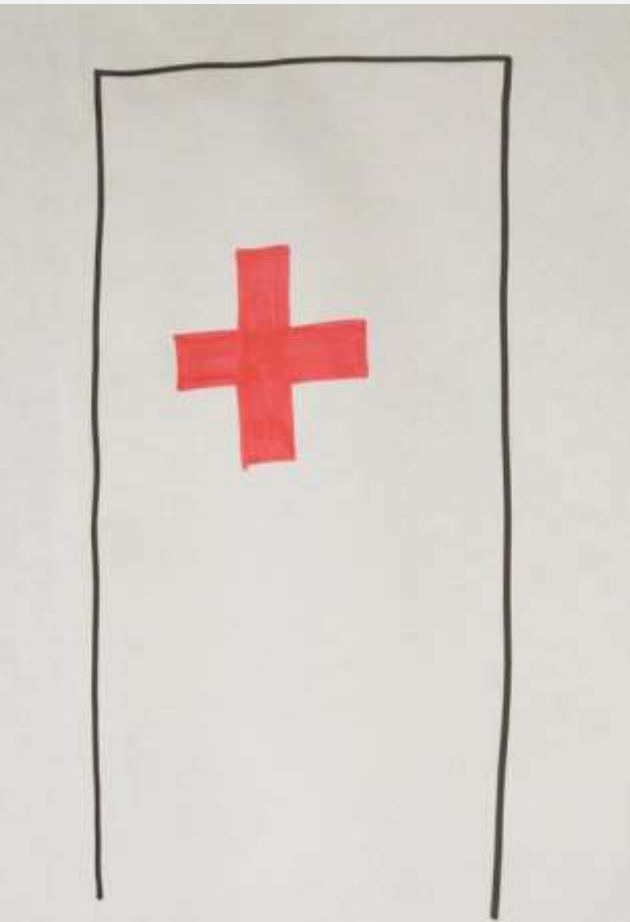
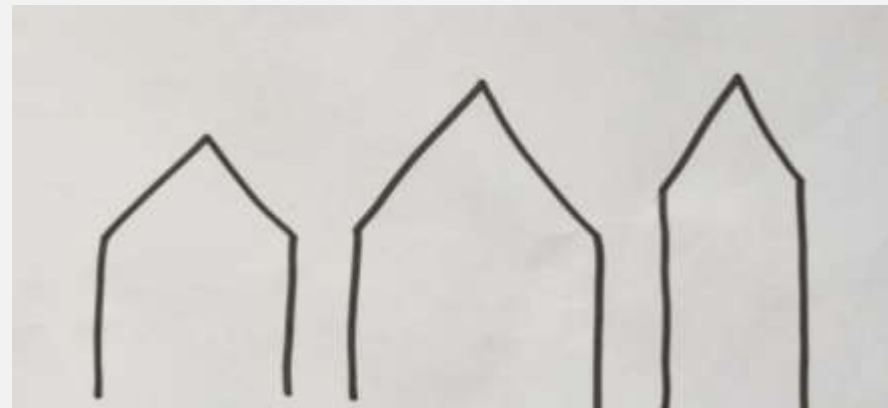
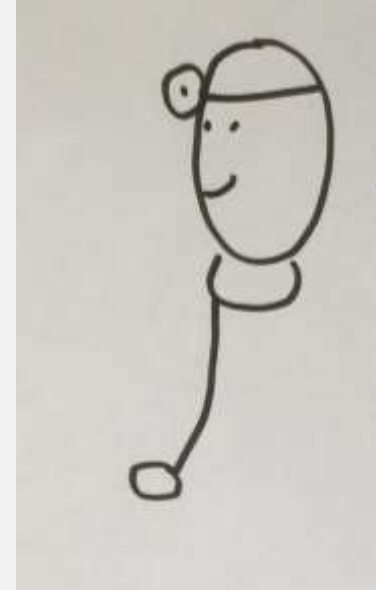


Foto: Colourbox



# Flexibility

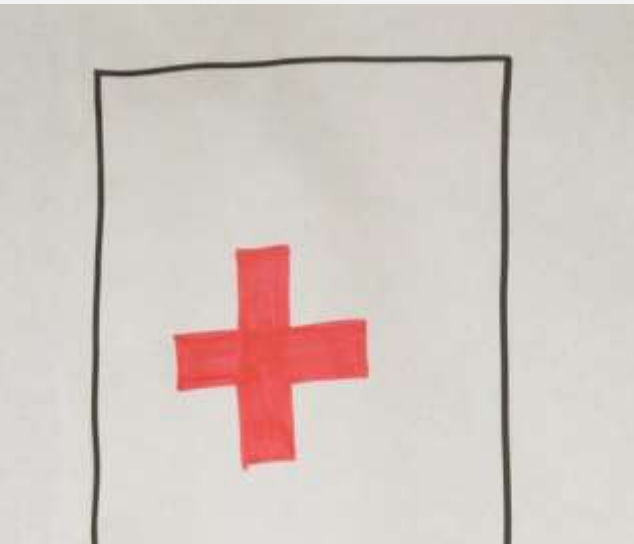
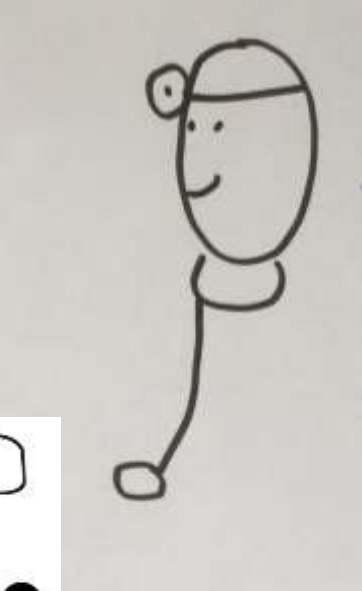


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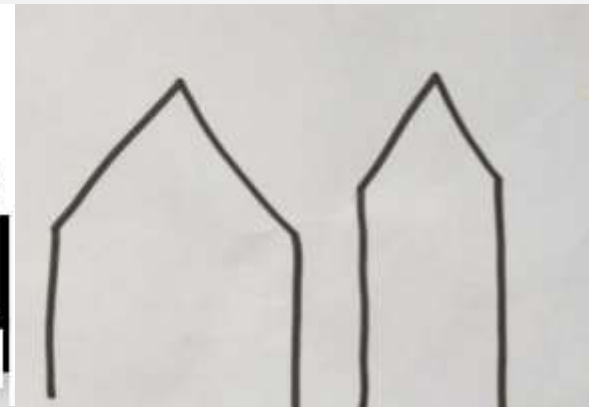




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# Flexibility Reflection Knowledge

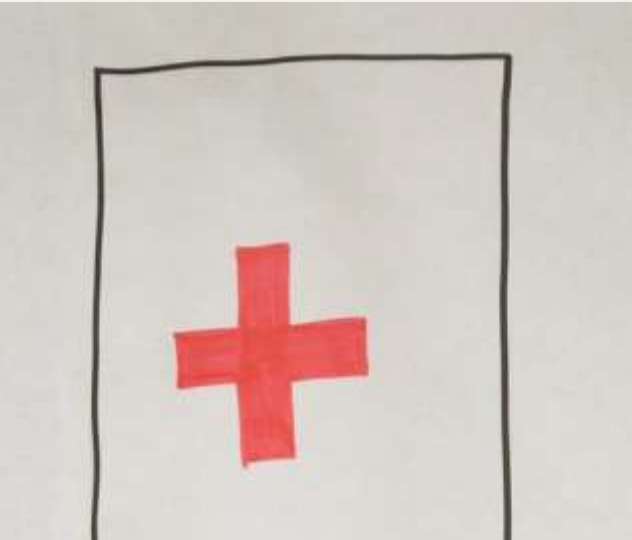
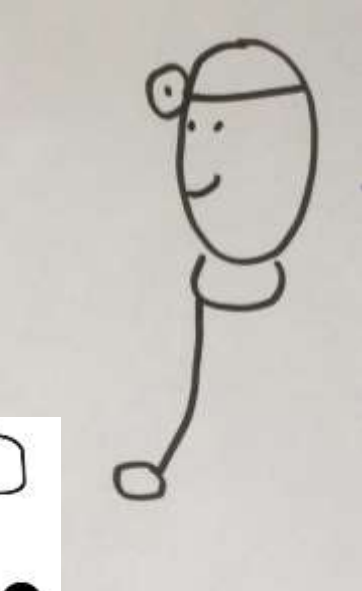


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