

Childrens Trauma Team

Vrinnevi Hospital, Norrköping



Trauma & bereavment in families with children & adolescents
Acute intervention and support



Purpose and aim

Support and treatment for children affected by:

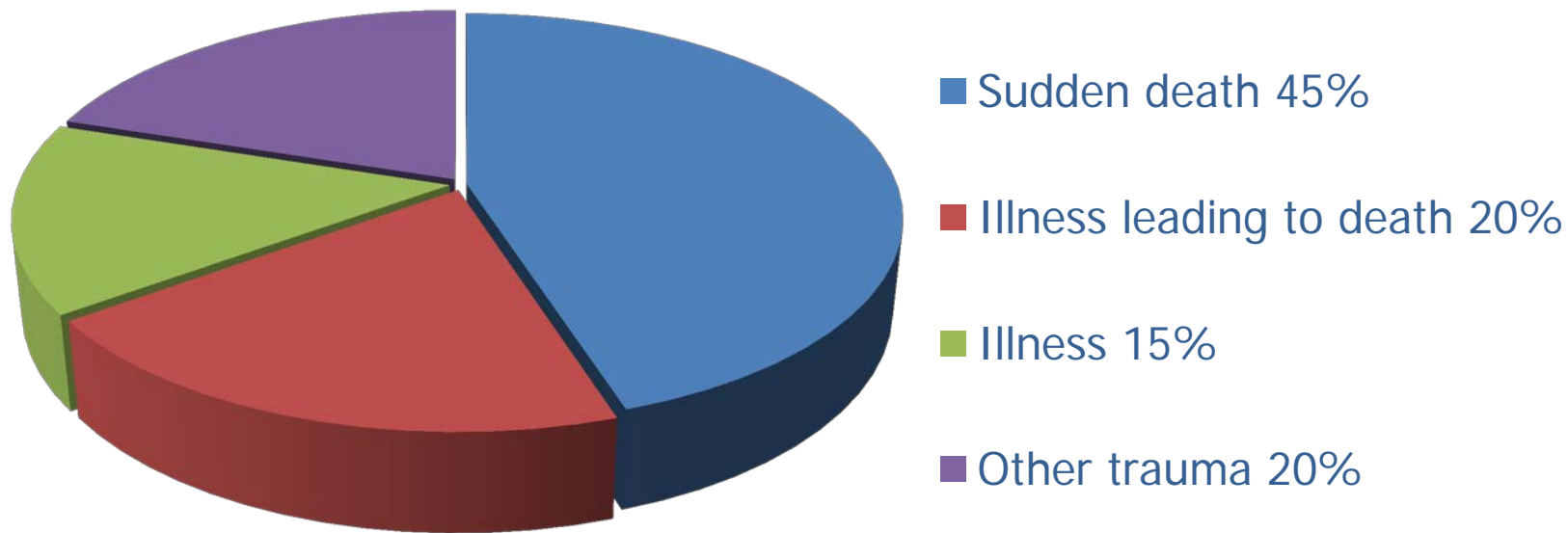
- **sudden death of a close relative**
- **parents' serious illness**
- **other extreme events**

Counselling



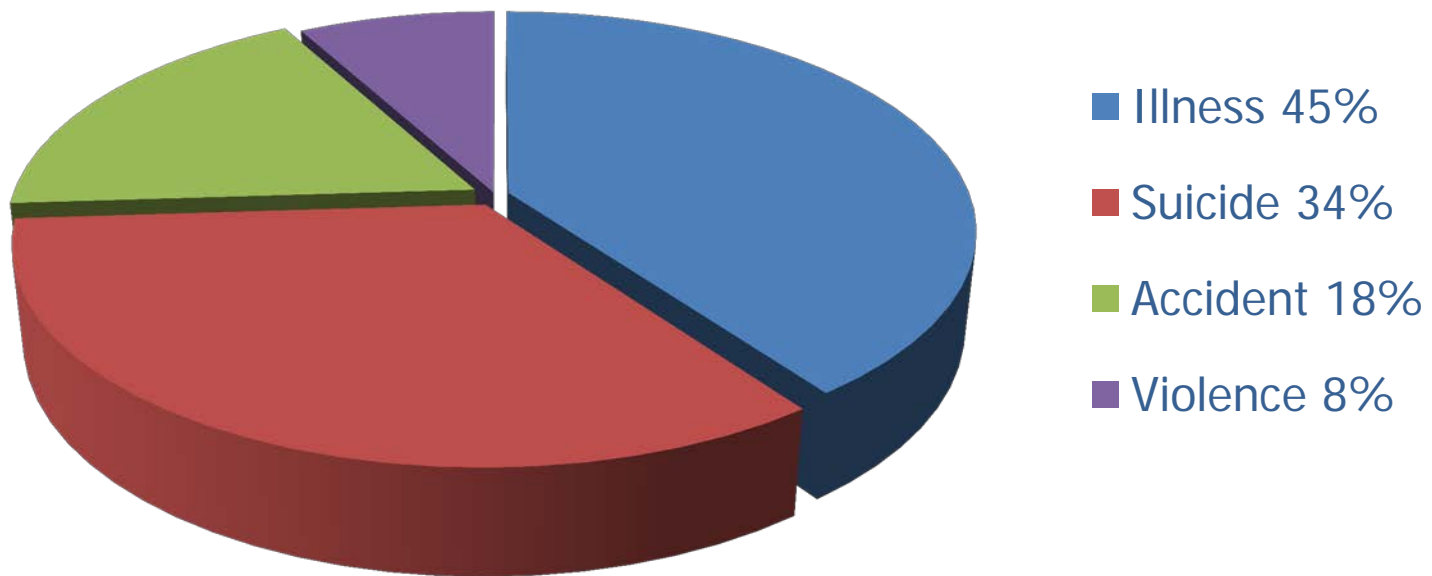


Total referral percentage





Sudden death





Referrals

Emergency Clinic / Intensive Care Unit

Families

Other clinics (somatic and psychiatric)

Crisis team / Hospital Church

Schools

Social Welfare Services

Police / Rescue Services

Others



Acute intervention

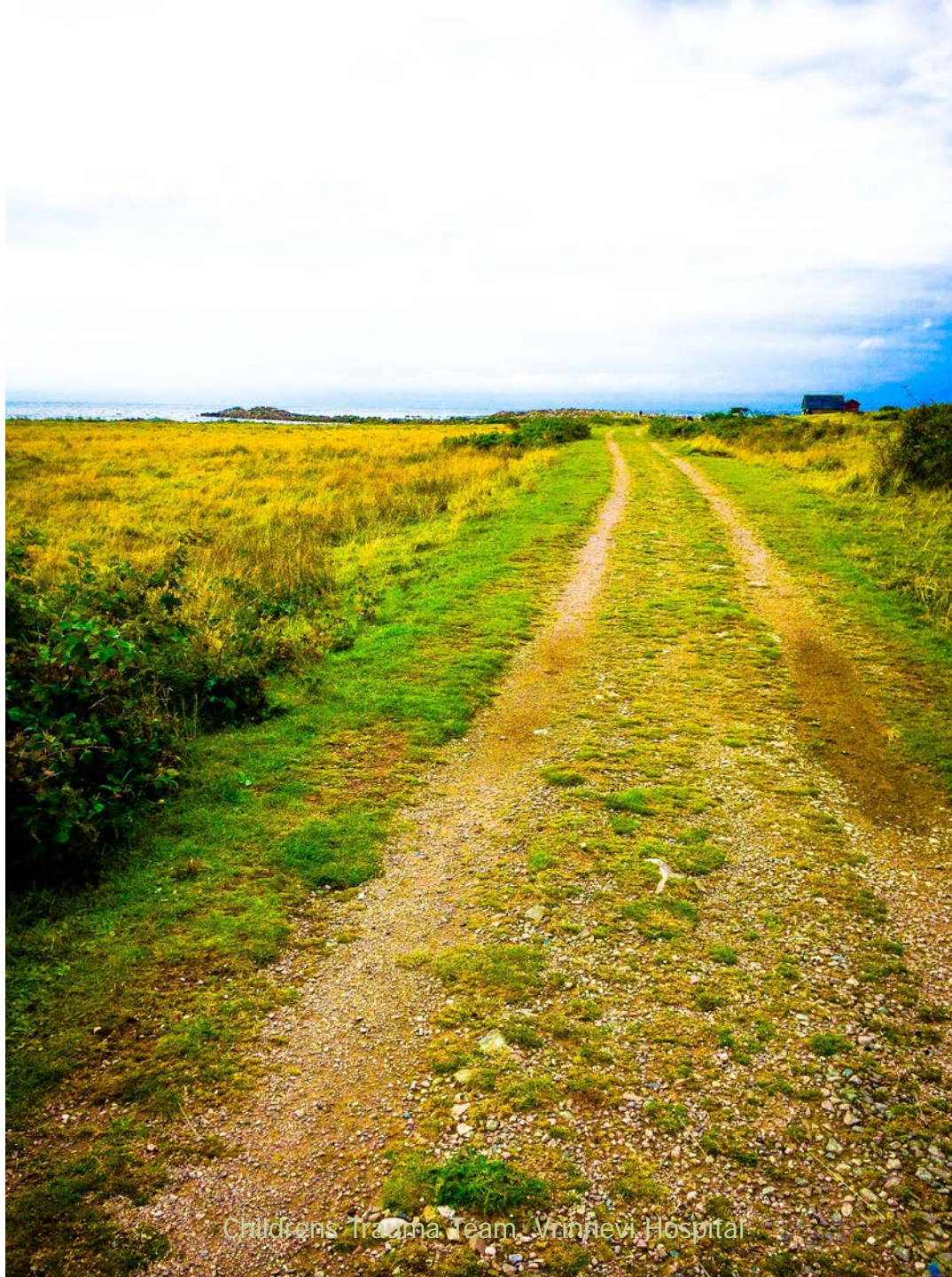
The first meeting

- Share information – “translate”, explain, secure
- Meet reactions – support, confirm
- Inform about normal reactions and coping strategies
- Plan – school, saying goodbye to the deceased, etc



Follow-up / Treatment

- Parental support
- Individual supportive sessions/treatment sessions
- Family sessions
- Play therapy
- EMDR
- Referral
- Easily accessible follow-up contact over time



Childrens Trauma Team, Winnievi Hospital