



Veterans Administration National Caregiver Training Program USA: Heroes on the Home Front

Supporting U.S.A. Military and Veteran Caregiving

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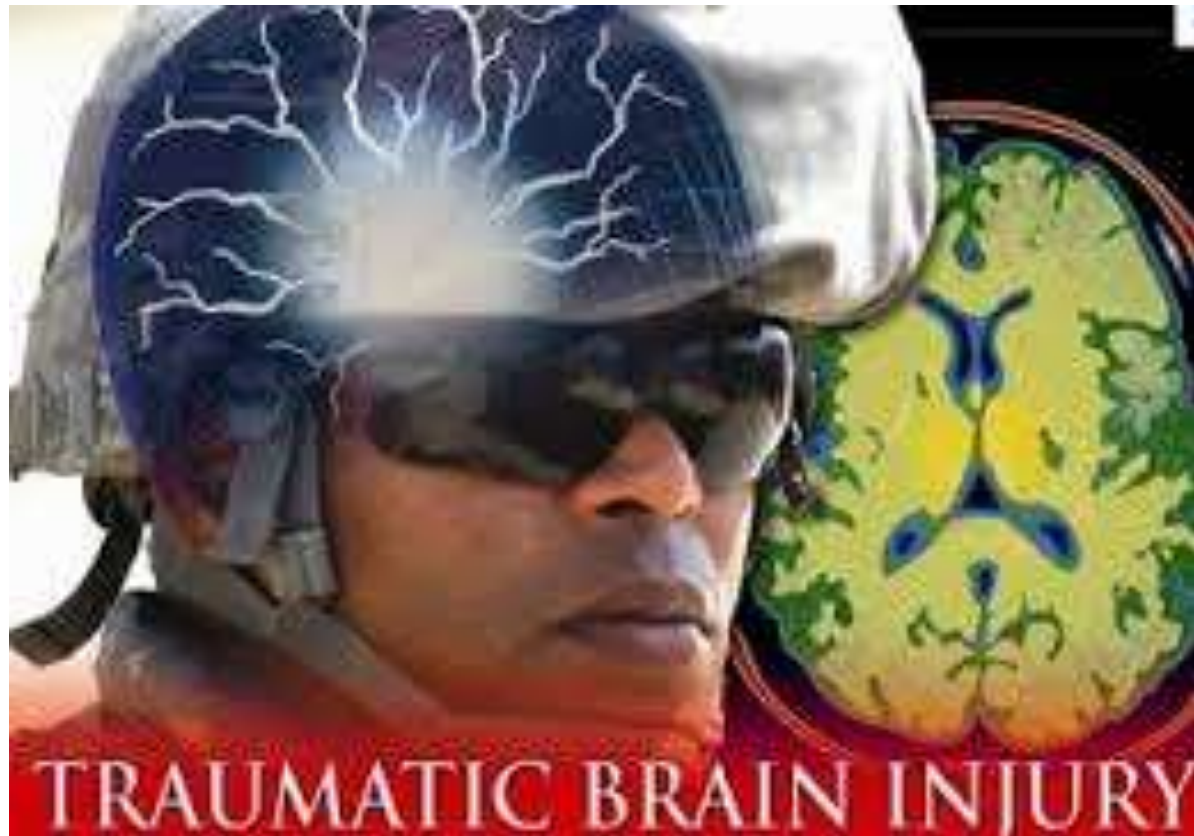
SEPTEMBER 11th



OPERATION IRAQI FREEDOM/OPERATION ENDURING FREEDOM

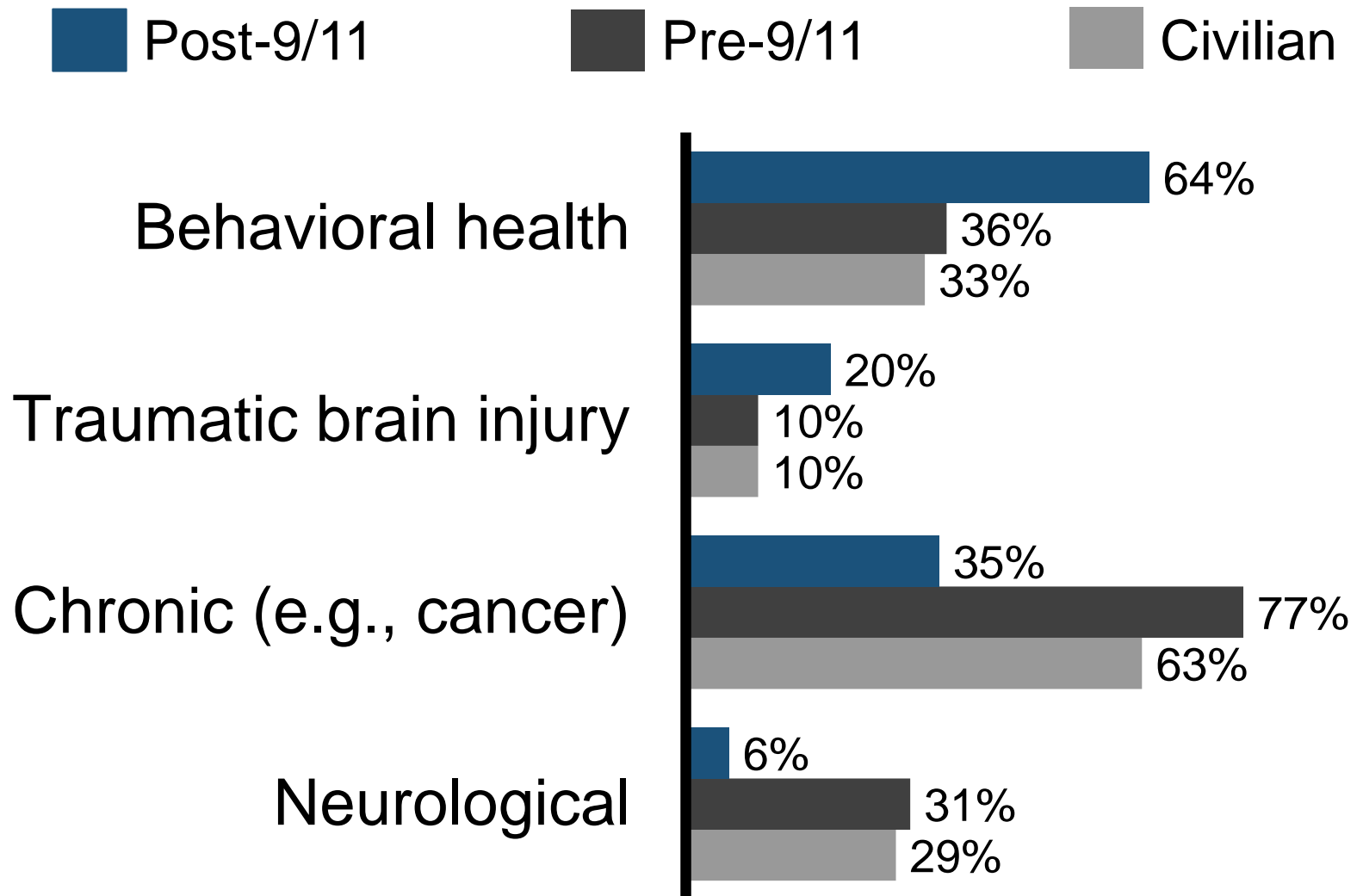
- 6,840 Americans in Uniformed Services killed
- 970,000 Iraq and Afghanistan Veteran Disability Claims registered with Veteran Affairs
- All volunteer military force, the U.S. does not have conscripted military service
- 1% of the population has served in combat, frequently on several deployments

TRAUMATIC BRAIN INJURY: Signature Injury of Combat





Medical conditions of care recipients in the United States



CAREGIVERS IN THE UNITED STATES



- 9% of U.S. adults are Caregivers (16.9 million)
- 4.4 million are pre/9-11 military Caregivers
- 1.1 million are post/9-11 military Caregivers

VETERANS HEALTH ADMINISTRATIVE CAREGIVER SUPPORT PROGRAM

Mission Statement: *To promote the health and well-being of family Caregivers who care for our nation's Veterans, through education, resources, support, and services.*

- Allow Veterans to remain at home in the community
- Address specific needs of Family Caregivers with a menu of programs and services
- Promote Veteran & Caregiver health and well-being
- Provide one location to obtain needed information
- Provide training & information on common conditions
- Reduce isolation with professional & peer support
- Provide options to give Caregivers respite
- Sensitize health care providers to the Caregivers' role

PROGRAM OF COMPREHENSIVE ASSISTANCE FOR FAMILY CAREGIVERS



Program Overview:

Clinical Program, providing the following additional services directly to Family Caregivers of eligible Veterans injured in the line of duty on or after September 11, 2001:

- Stipend
- Health insurance option
- Mental health
- Education and training
- Additional respite

Program participation ***must***:

- Be in the clinical best interest of the Veteran
- Support the Veteran's progress in treatment

PROGRAM OF COMPREHENSIVE ASSISTANCE FOR FAMILY CAREGIVERS

Caregiver Education and Training



Standardized Core Curriculum

- Developed in collaboration with Easter Seals
- In-person, workbook/DVD, or web-based
- Includes modules on:
 - Caregiver Self-Care
 - Home Safety
 - Basic Caregiver Skills (vital signs, etc)
 - Providing Personal Care
 - Managing Challenging Behaviors
 - Resources (legal, financial, VA, community, advocacy)

Training Data Update

- More than 30,000 Family Caregivers have completed training to date

PROGRAM EVALUATION

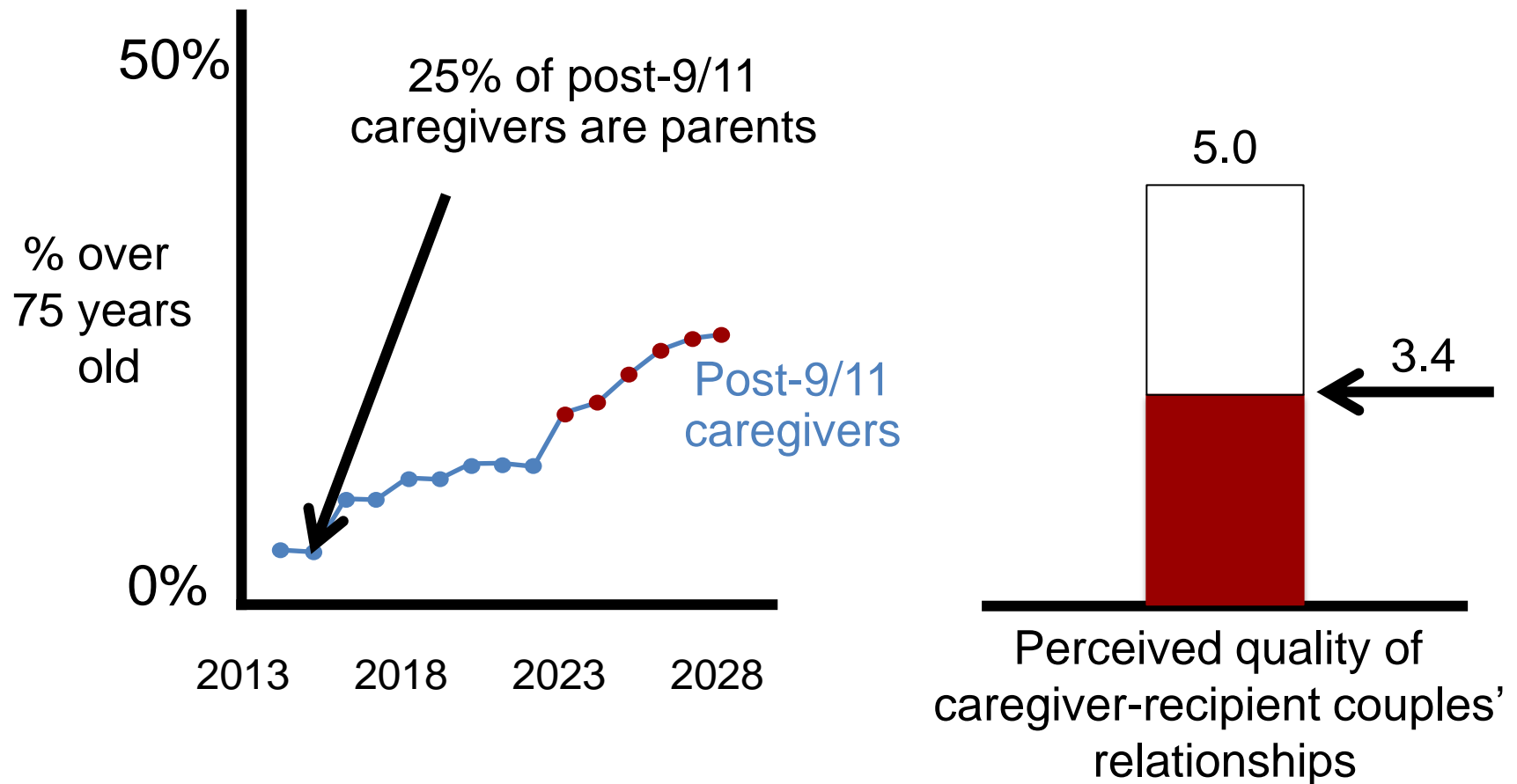
In FY13, health care utilization of a cohort of nearly 9,000 Veterans participating in the program of comprehensive assistance for Family Caregivers was reviewed during the six months before participating and during the first six months of participation.

Preliminary findings demonstrate:

- An average decrease of 30% in inpatient admissions
- A 2.5-day average reduction in the number of days spent in the hospital if the eligible Veteran was hospitalized.
- A 5% average decrease in the number of outpatient visits per month for eligible Veterans

THREATS TO THE FUTURE OF CAREGIVING:

Ageing Parents and Young Marriages



To Learn more about the U.S. Department of Veterans Administration National Caregiver Program contact:

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THANK YOU

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