



Bild Towe Hennix

Implementation of a familyfocused approach in adult somatic care

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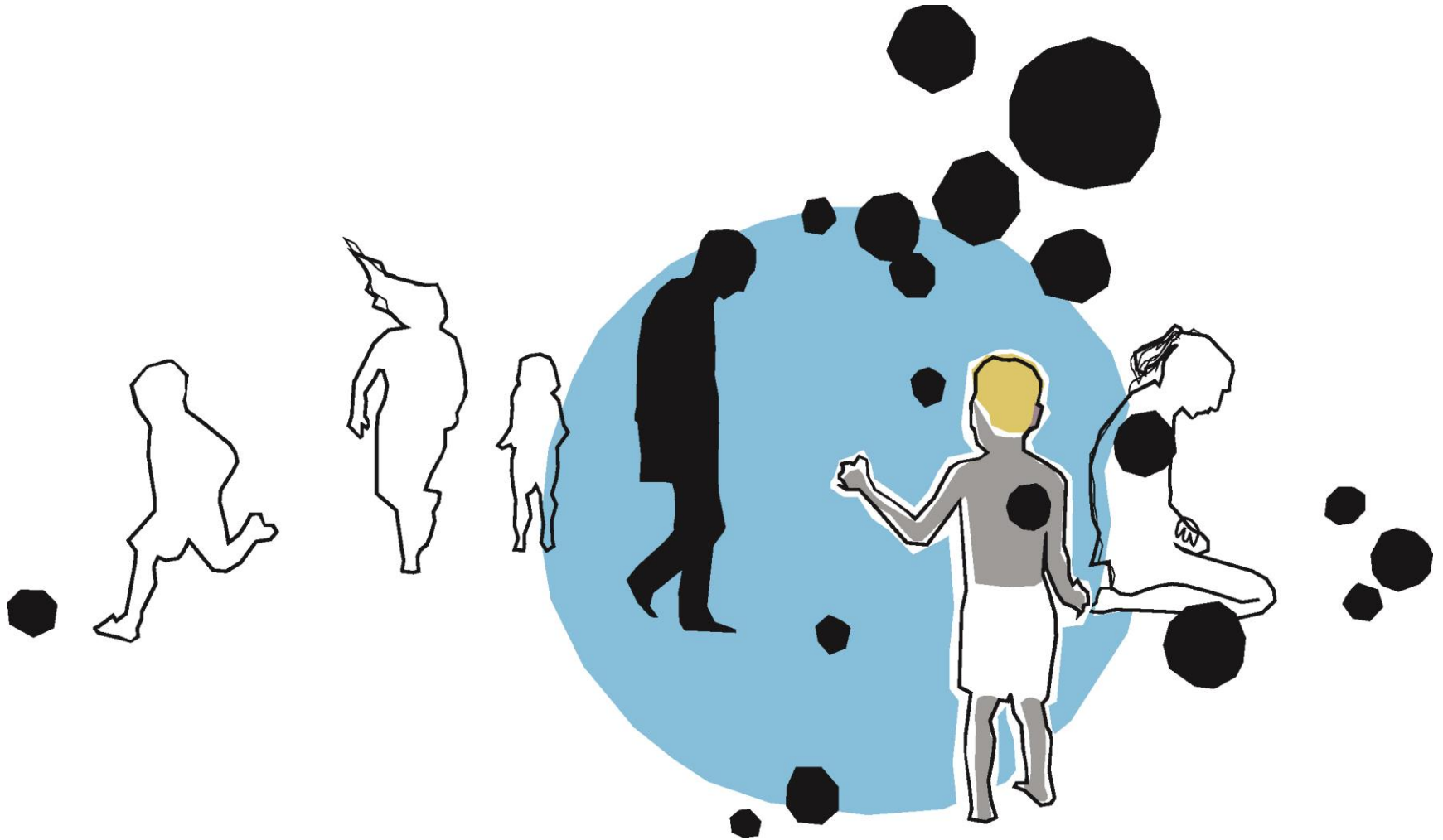
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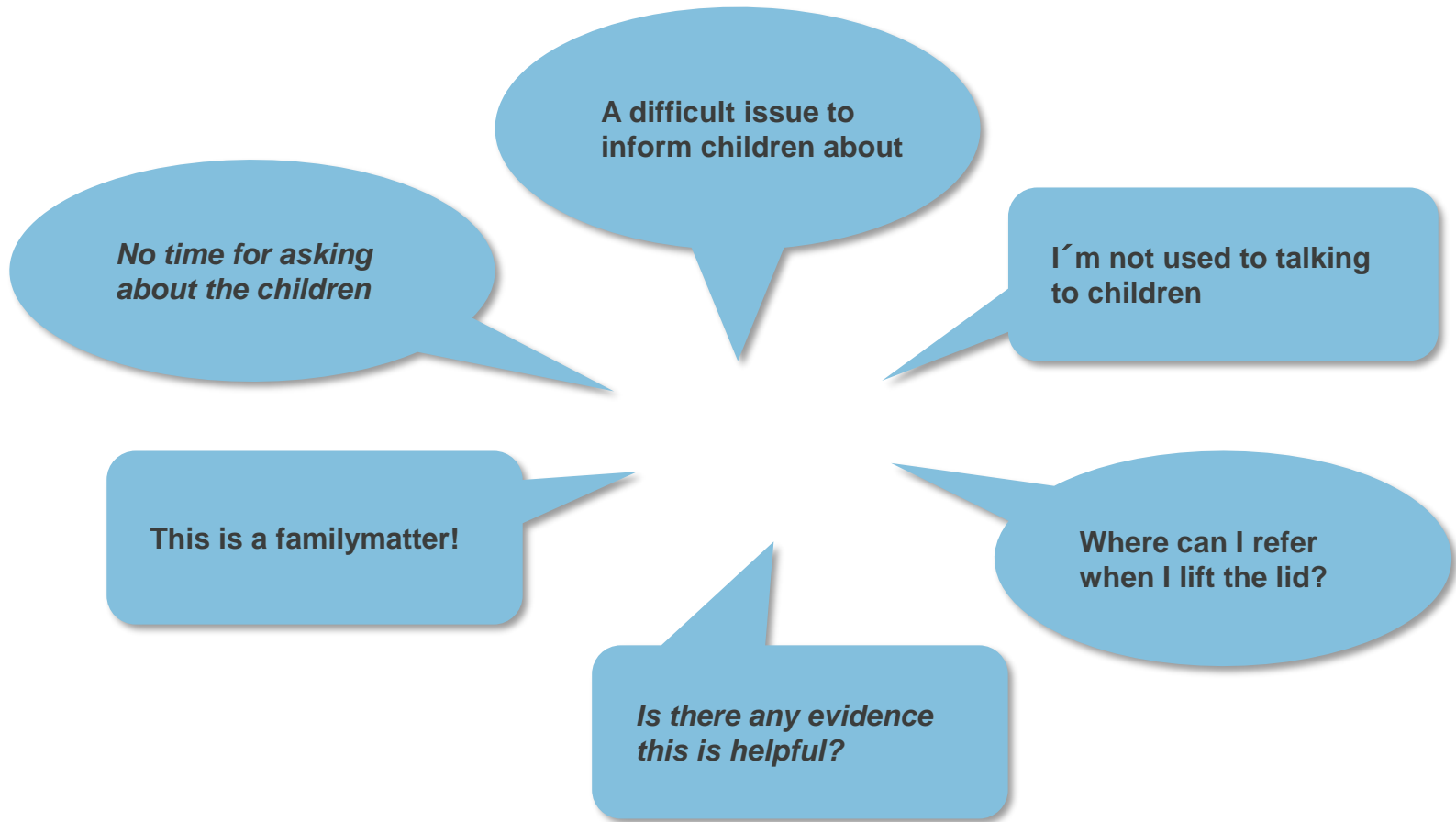
Presentation

- Background to the study
- Results of study 2013-2015
- Implementation activities as a result of the study

Interviews with staff and families



Interviews with staff



Interview with parents

**We never get to
Talking about
the sickness**

***It's not enough to give the
informatio – they also need
Someone to talk to about
their feelings***

**Bad
consciense...**

***There are limits to
what you can do
when you are at crisis
yourself***

**My first thought when I got my
diagnose: What will happen to
my children?**

Interview with partners

I don't want to worry the kids

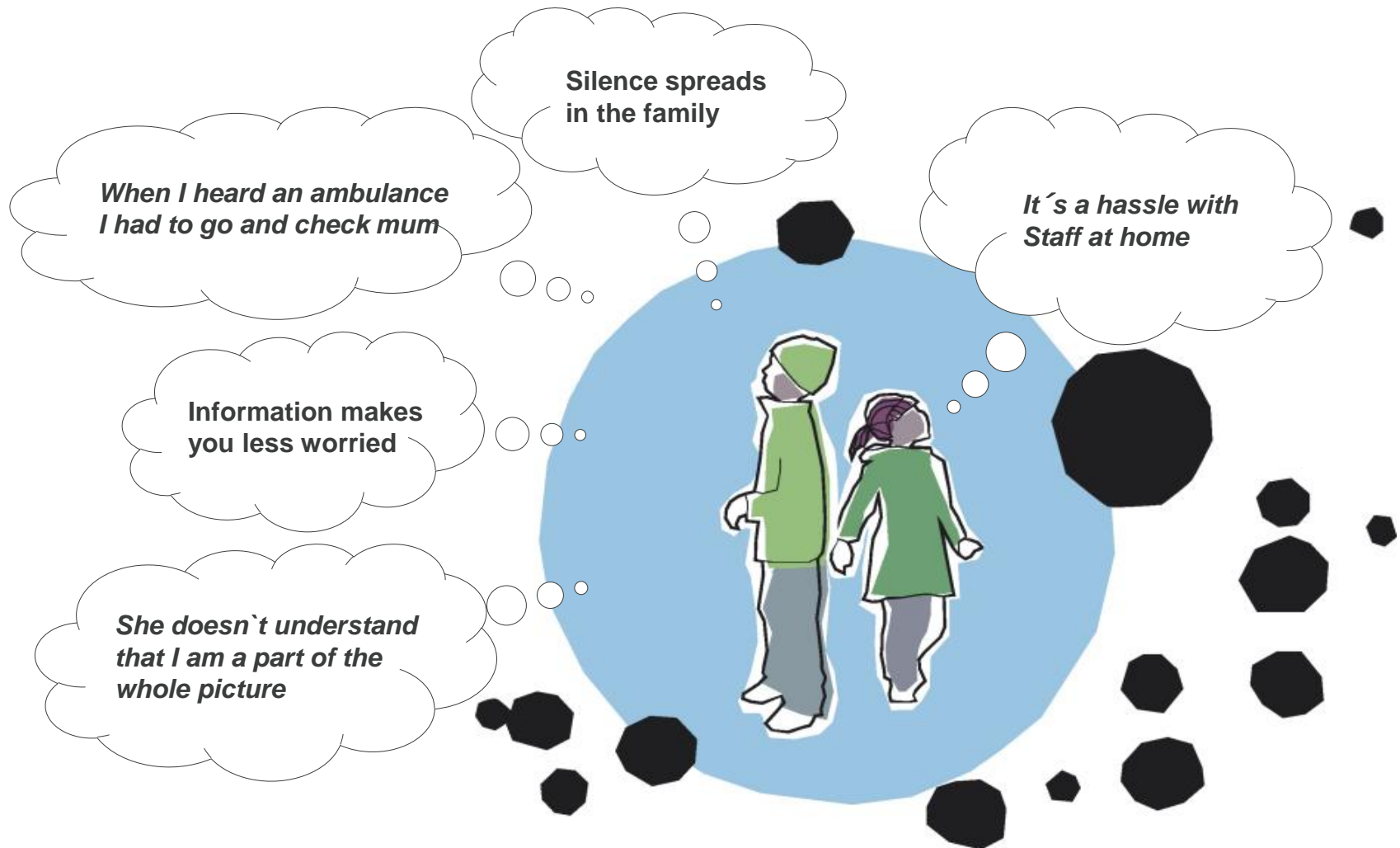
What shall I do with my worries about my partner, my children and myself?

What about me - I also need information

I have to be there for everyone

Difficult matters never spoken about in the family

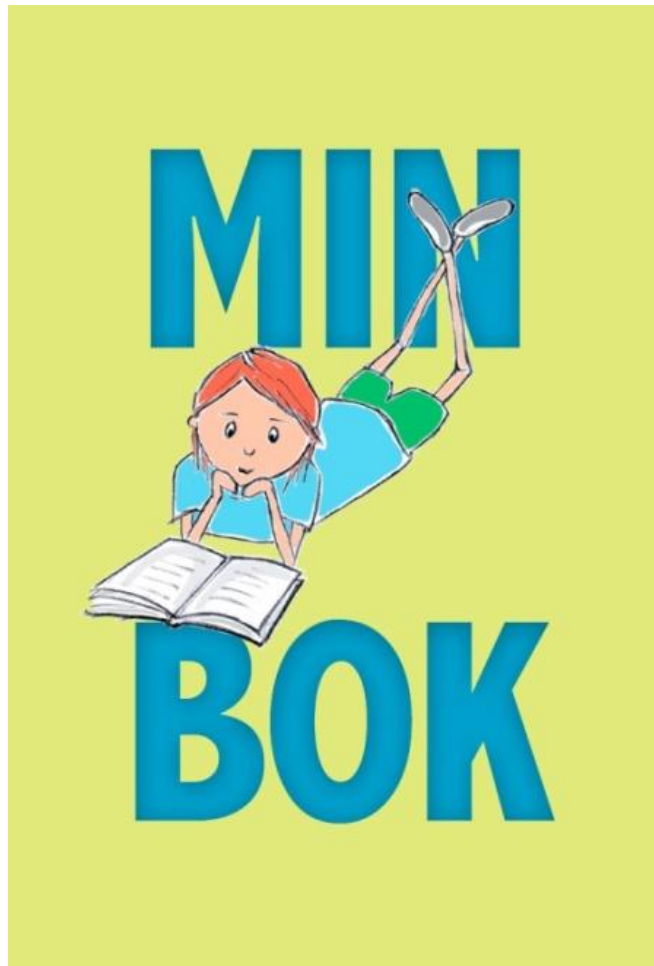
Interview with children



Conclusion of the situation in Stockholm

- In Stockholm 6000 children under 18 with have a parent with a serious Neurological illness.
- They dont´ t get the counselling and support from healthcare.
- Need for evidense based methods for support.

Information to patients and children



Background – a pilot study 2012-14



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Institutet**

Insurance medicine department

Kristina Alexandersson

- Professor

Petter Tinghög

- PhD



Department of Neurology

Kerstin Åkerlund, project manager

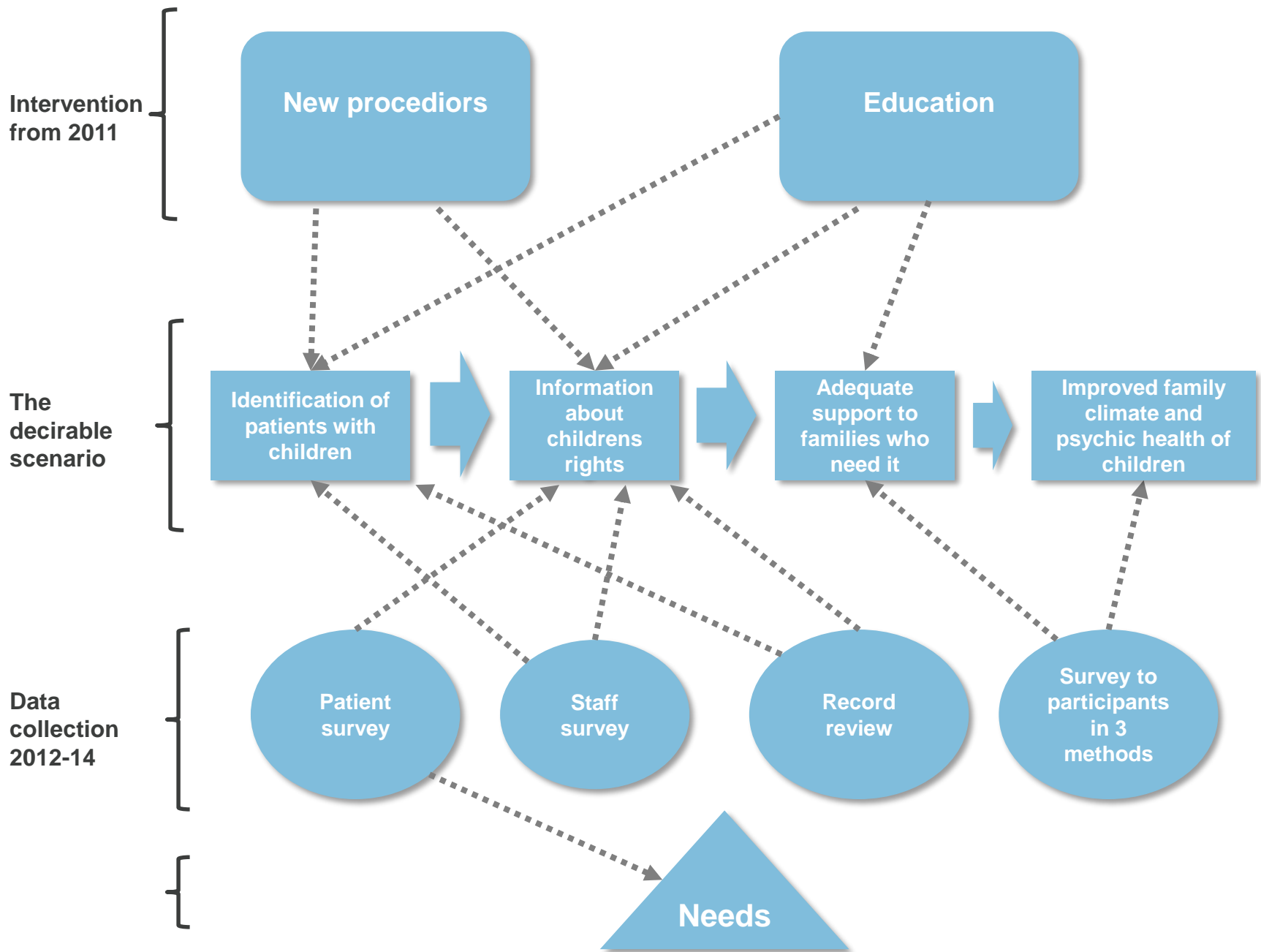
- MSc, licenced psychotherapist,
Head of unit for counselling and support

Tuula Lumikukka

- Licenced nurse, Neurological outpatient clinic

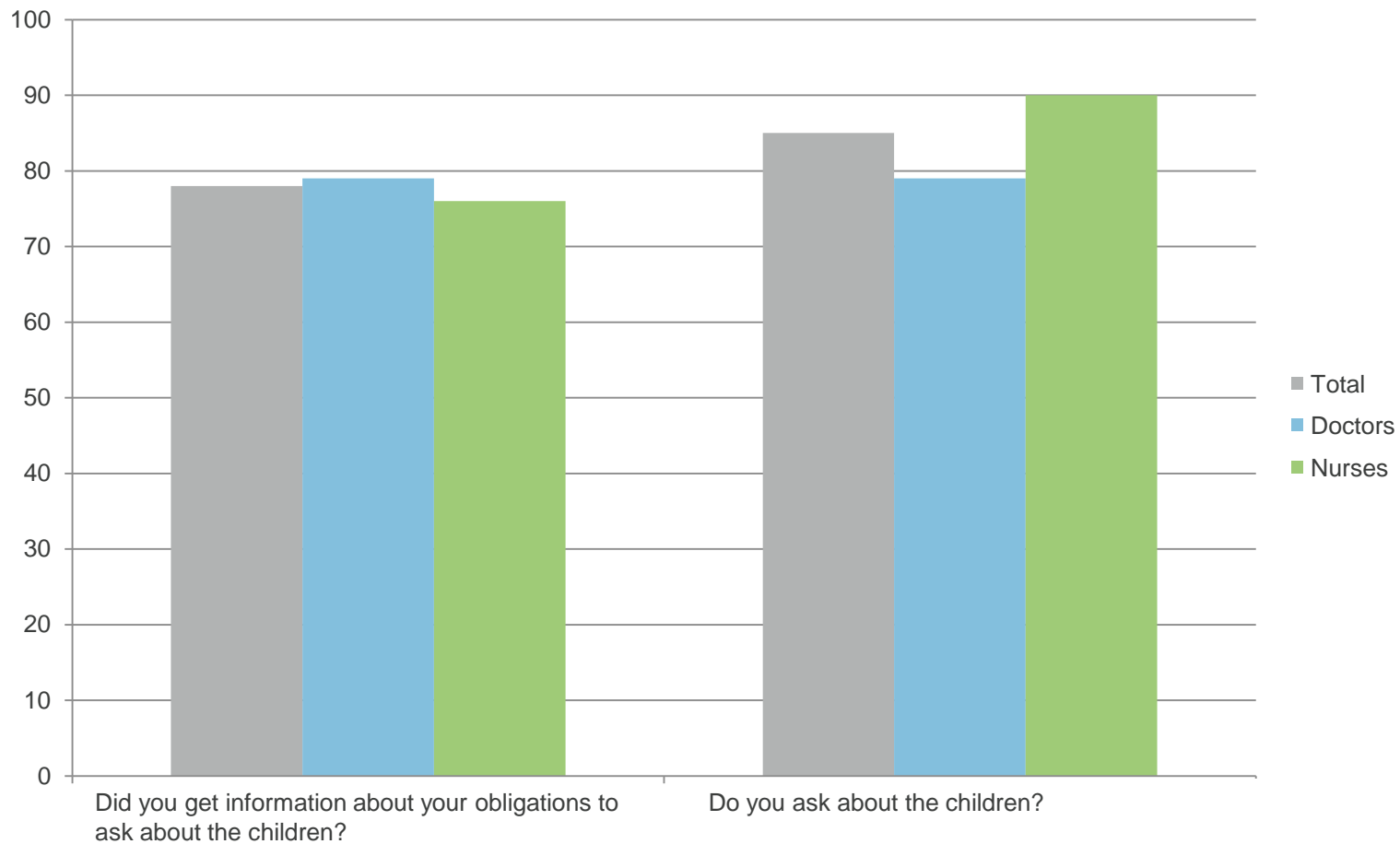
Katharina Fink

- Neurologist, PhD

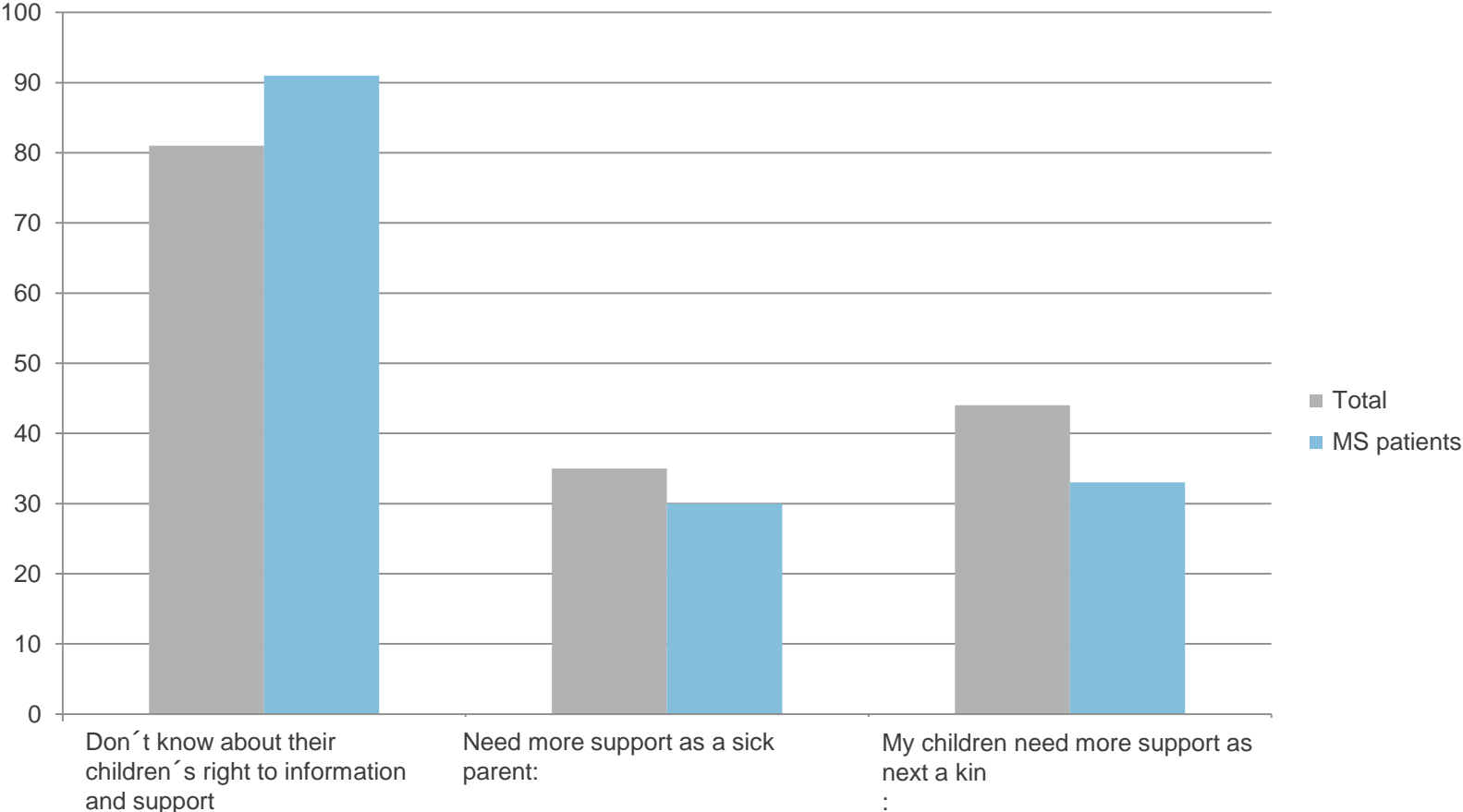


Results staff survey

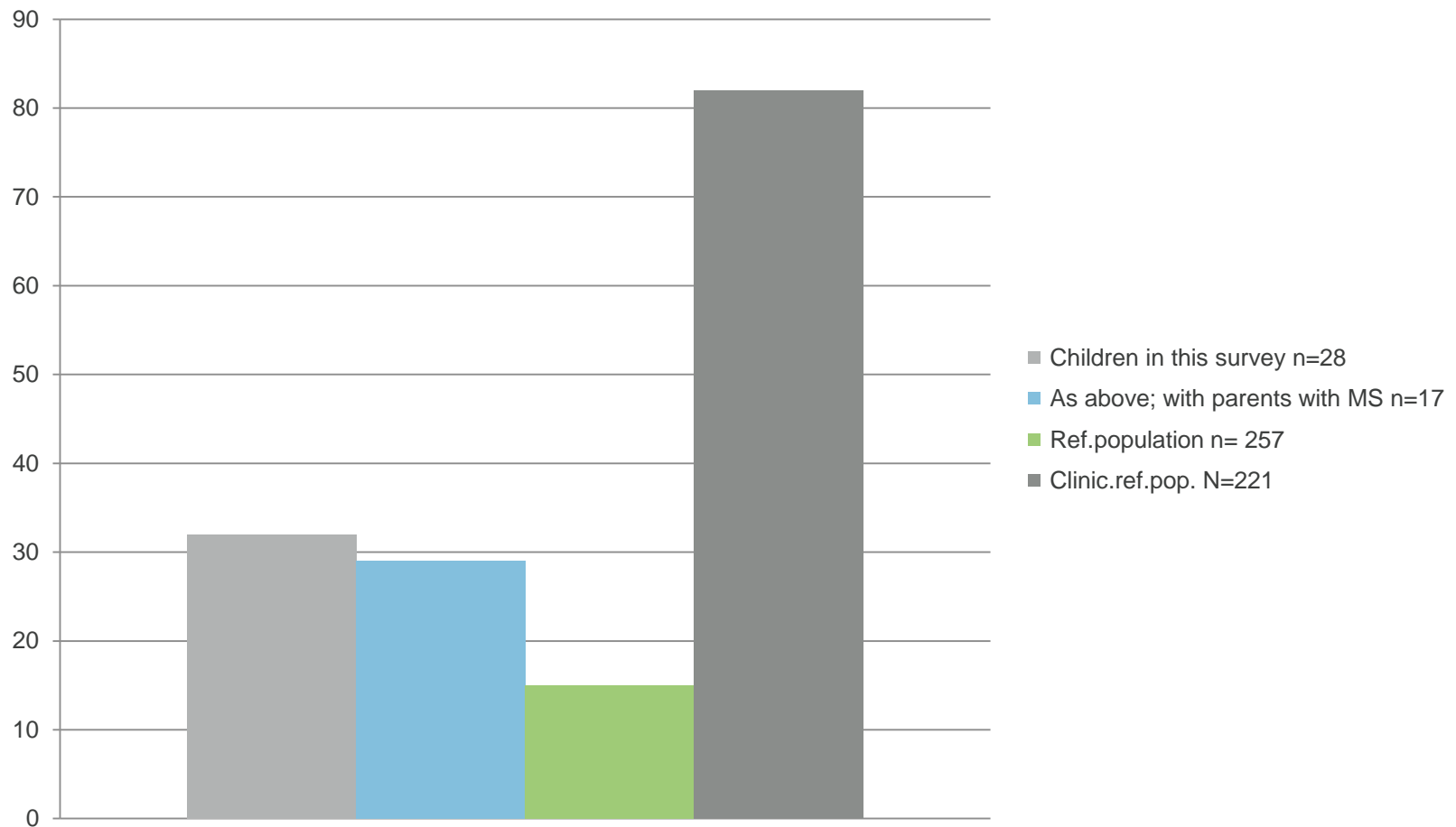
53% answered: (63% doctors , 47% nurses)



Results patients survey



Children with clinically significant symptoms, parent's version of SDQ (cut off >11)



Record review documentation following routine if patients have children?

2012

20%

Somewhere

4%

In the right place

2013

17%

Somewhere

2%

In the right place

Three methods

Let's talk about the children

- Conversation with parents about their children

Beardslee's family intervention

- With the whole family

BRA

- Conversation with the children

Conclusion

- Routines for documentation are not followed
- Patients are not aware of their children's rights
- Both patients and their children seem to have a need for further counselling and support
- Need for continued studies about methods for support
- Need for further implementation strategies

Model for implementation 2015

- New keyword for Medical record
- Target behaviour of staff, that is possible to measure
- Implementation plan, out of 3 identified hindrances

1. Problem: **Lack of support from the leaders**

Solution: Information about the:

- routines for documentation in the clinic
- result of the study
- strategy of implementation

2. Problem: **Patients are lacking knowledge and motivation regarding their right to get support**

Solution: Poster in the waiting room

Further information about where to turn for help

Information to staff in meetings

Children's corner in all units at the clinic are looked over

3. Problem: **Culture at the clinic doesn't support the matter**

Solution: Poster directed to staff in staff areas

Card with routine and advice in all rooms for meeting with patients

Pins for children's Ombudsman

New keyword added in medical record



Thank you for your attention!

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