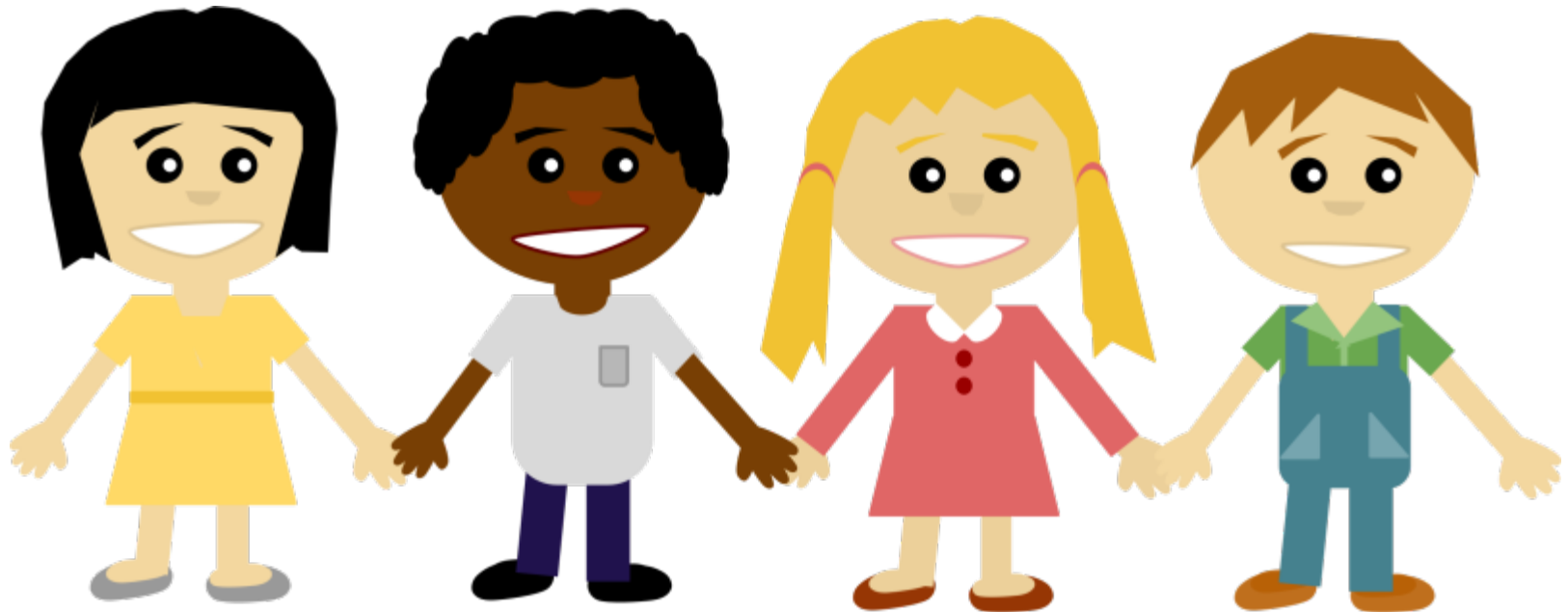


Social services support groups for children as next of kin – methods and goals

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Children as Next of Kin



Support for Children as next of kin

Municipalities, county/regional bodies, non-profit organizations and churches

Support groups

Knowledge of support groups' methods and results is limited

Are the efforts of any help for the children?



The Project

National Board of Health and Welfare

Systematic monitoring

A project to support implementation 2014 – 2016

SFCCC, Linnaeus University,
Jönköping University and the Jönköping Academy
for Improvement of Health and Welfare

Aim

This is a part study of the project. In order to follow up an effort, you need to know more about the effort and its goals.

Elucidate the social services' support groups for children as next of kin, what is central in the work of support groups?

to ascertain the goals



Methodology

Participatory action research approach

Qualitative study

Group interview in each municipality

Seven Swedish municipalities,

23 people were interviewed: 18 group leaders and five managers.

Categorized



Results - Support groups

Similar problems; in family suffered physical, mental ill health, or addiction problems.

Age divisions in the groups - for example aged 7-12 years and teenage groups

Manual-based methods, mixed methods and methods that they themselves had devised

Group sessions, about 10-15

Regular times and themes.

Group leaders in couples, various special skills, different undergraduate programs plus further education group leader.

Methods /manual were the starting point...

However, other aspects were perceived as central to the performance:

- a) Flexibility
- b) Cooperation with parents
- c) Professional approach

- “Extremely important with flexibility, it must not be strict, then we will not reach the families who come here. We must meet every family”



Group intervention, stated goals

Educational - but could have therapeutic effects

Meet, talk and play with other children in similar situations.

Content and theme

The problem of abuse / disease

Debt and shame

The child is not alone about his/her problem

Situation should be "talkable"

Support and assistance

Children and parents' roles in the family

Issues of responsibility

Play and be kids

Be seen, heard and understood

Identify and express what they want and need

The child cannot cure the one who is ill / addictive



Three levels of content

1) *Knowledge*

2) *Coping* different situations

3) *Emotional* processing.

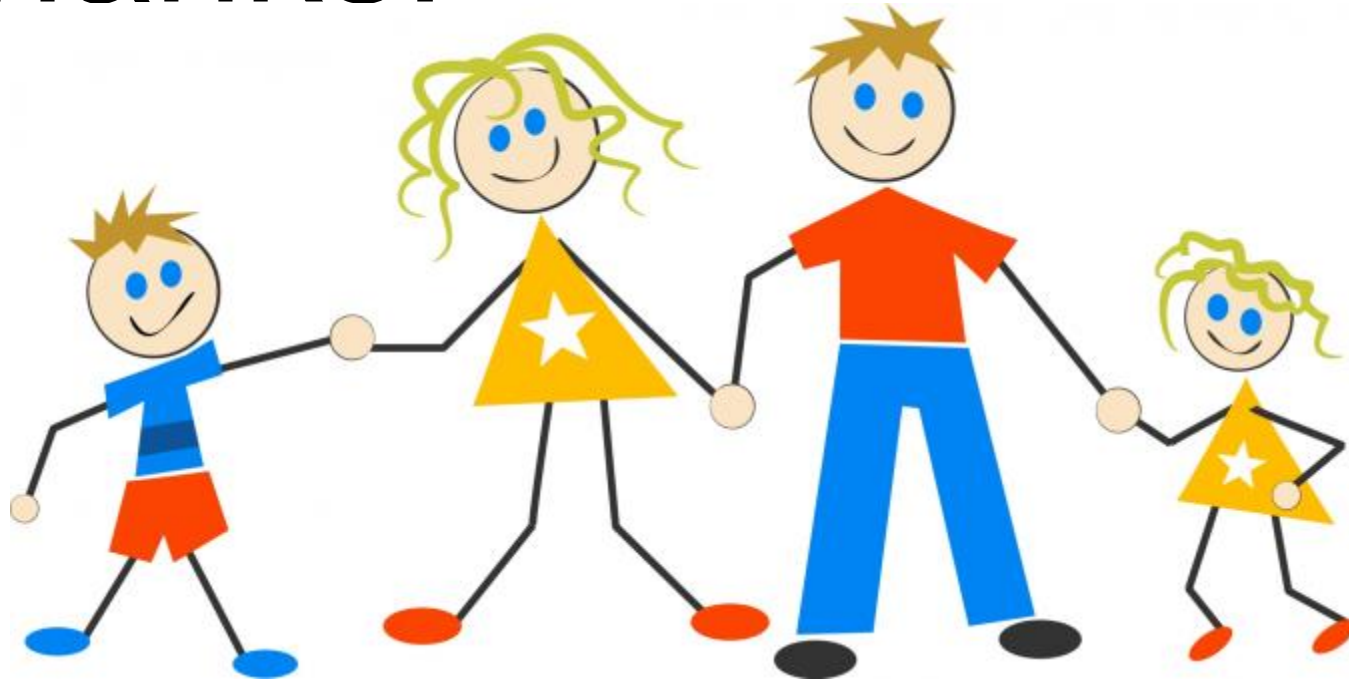
What goals should be followed up?

Proposals for future studies are to develop instruments based on this three levels.

- What knowledge have they received?
 - Coping everyday situation?
- Emotional health

Thanks!

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