

Support to children as next of kin in case of difficult events

The National Board of Health and Welfare



Legislation and research

An obligation in the Health Care Act Since 2010

Pay attention to children's need of **information, advice and support** if a parent or other adult in the family suffers from

- unexpected death

3,5 % suffer from parent's death during childhood

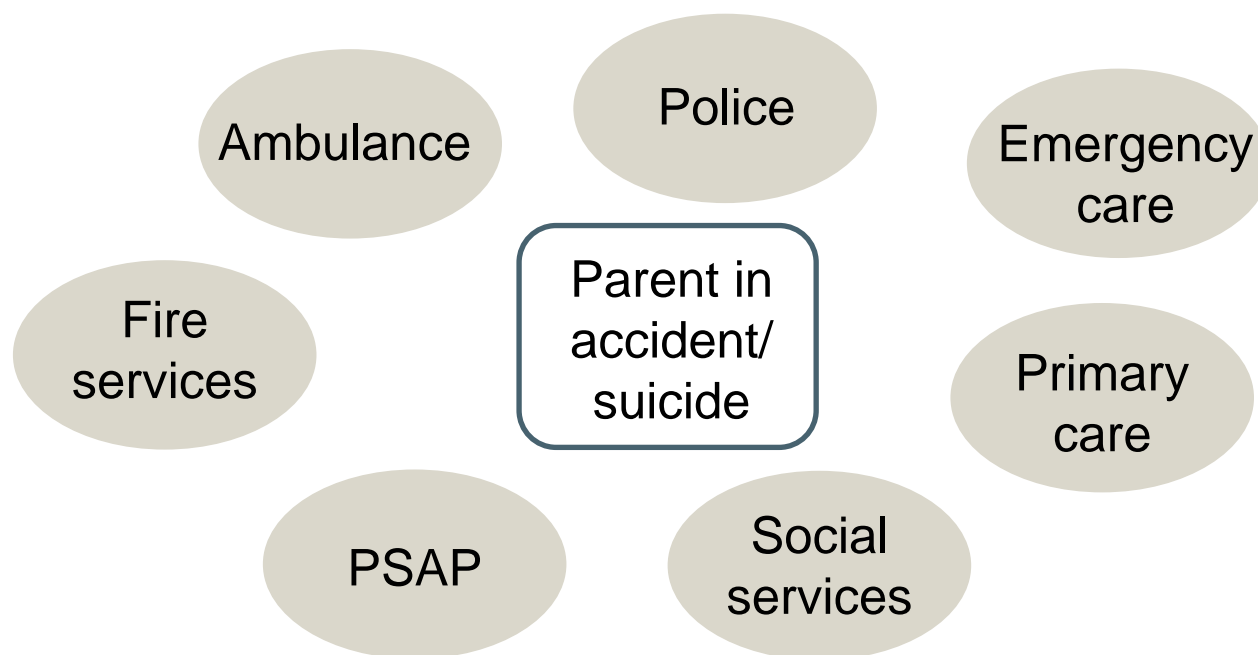
Consequences (until age 30-35) if parent dies by accident, suicide or violence

- 5 times higher risk for substance addiction
- 3 times more suicide attempts
- 2 times as many die in early years

What it's all about

<https://vimeo.com/socialstyrelsen/review/159034035/d446feaf39>

Which actor sees to children's needs – in short and long term?



What we made and achieved

- A package of tools, knowledge and guidance
- More awareness about children's needs in case of difficult events affecting the family
- Knowledge spread to decision makers and professionals
- Structures built and routines made for responsibility, action and cooperation
- Increased support to children as dependents in difficult events

How?

1. Survey in 3 county councils = no routines
2. Evaluation of trauma support to children
3. Cooperation with
 - professionals with competence and key positions
 - professionals responsible for children as next of kin in county councils
4. Seminars for decision makers and professionals in 50 % of county councils

Tools

<http://www.anhoriga.se/anhorigomraden/barn-som-anhoriga/pagaende-uppdrag-och-projekt/barn-som-anhoriga-inom-ambulans-och-akutsjukvarden/>



När ambulansen har åkt
- och du som vuxen är kvar
tillsammans med barn

- Berätta för barnet om vad som hänt och vad som sker härnäst.
- Se till att barnet förenas med familj/nätverk så snabbt som möjligt.
- Ge barnet tid och uppmärksamhet när det vill prata och låt barnet behålla sina vanliga rutiner.

Ambulansen har kört till:

.....

Telefonnummer till akutmottagningen:

.....

Jag som mötte barnet/barnen heter:

.....

Min arbetsplats är på:



More information:

<http://www.kunskapsguiden.se/barn-och-unga/Teman/Barn-som-anhoriga>

<http://www.anhoriga.se/anhorigomraden/barn-som-anhoriga/pagaende-uppdrag-och-projekt/barn-som-anhoriga-inom-ambulans-och-akutsjukvarden/>