



# Young carers

Lisa Dahlgren  
Project leader of childrens rights  
Maskrosbarn



Sara 14 years old





A person is seen from behind, sitting on a large, dark rock. They are wearing a black hoodie with a white graphic of two dandelions on the back. The person is looking out over a cityscape. In the foreground, there is a chain-link fence and some dry grass. The middle ground is filled with lush green trees. In the background, several tall, light-colored apartment buildings are visible under a clear sky. The overall scene is a mix of nature and urban environment.

**Henrik 16 years old**



**Linda 17 years old**





## **Our vision**

**All children will be given the conditions to grow up to become prosperous individuals, without negative consequences from bad upbringing.**

# Maskrosbarn

A National Organization, we support children throughout Sweden

A children's rights organization , our mission is to bring the voices of children to authorities and decision makers

12 employees in Stockholm, about 100 volunteers and remunerated adult leaders

We have met with over 100,000 children and adults through our lectures

Support about 500 children every year through our aid program

We cooperate with municipalities around Sweden





## What children want in meeting with professionals

Treatment

Information and participation

The actual meeting

The importance of a good environment



## Children's voices on contact with professionals

- They do not feel listened to / may not make their voice heard
- Lack of information
- They are seen as a problem
  - Symptoms are misinterpreted
  - Medication/quick fixes
- The help is not adapted to the needs of the child
- Mental illness-the children are forgotten– social services and the healthcare
- The child's perspective?





# Improvement of the physical environment



# We create rooms for trustworthy meetings

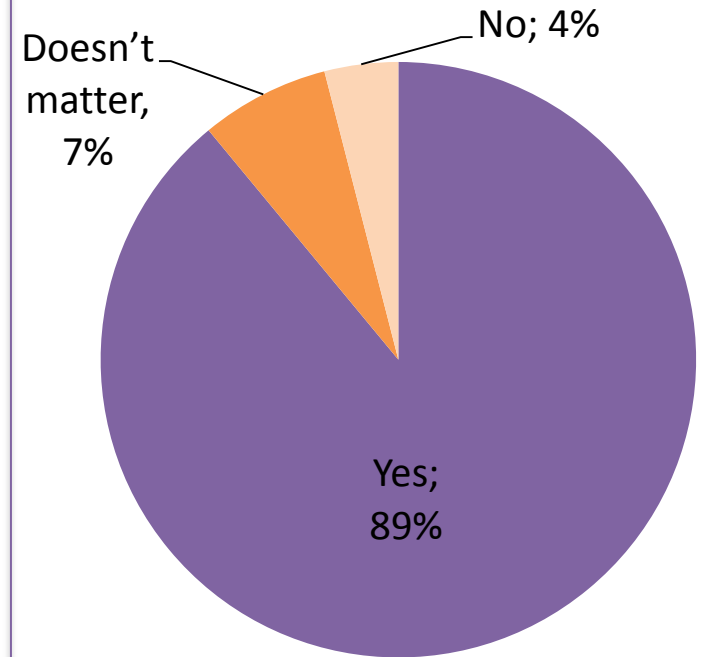




# Child representative

- The family secret
- The fear of not being believed in
- The child's story is rarely revealed
- Time and building of relationship
- The child's representative

***Would you like to bring an independent adult with you to meetings with the social services?***



## Possibility of change

- Increase the accessibility
- Be personal
- All children should be offered individual talks
- Custom make the support
- Talk to and pay attention to children where adults are cared for
- You are important!





