

# Centre for Ageing Better: Caring in an Ageing Society

# Centre for Ageing Better: Finding what works

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- Promoted by Government
- £50 million endowment from Big Lottery Fund
- Goal to improve well-being in later life with “what works” approach
- Better Health. Better Finances. Better Relationships. Better Places
- Sharing international knowledge
- Programme decisions in 2016

# The benefits and challenges of an ageing society

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- Longer lives – one of the world's greatest achievements
- Great opportunities for individuals and for society
- Caring at birth and later is part of life
- Many more people with long term conditions – rethinking care

# What is an ageing society: Global

- By 2050 global population 60 plus will be 3 times larger - 2 billion by 2050
- 33 countries will have 10 million aged 60 or over
- Growth rate of older population now is 1.9% compared to 1.2% for general population
- By 2050 20% will be 60 or older.
- Highest in Europe: 37% of population over 60 in 2050

# What is an ageing society: UK

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- **Longer lives:** A girl born today will live to 97
- **More older people:** 101% increase in people 85+ by 2030
- But more long term conditions. From 2010-2030:
- 45% increase in diabetes, 50% increase in heart disease, 90% more with dementia
- 70% of health and care costs derived from long term conditions
- So major increase in need for carers and demands on them
- 6.5 million carers now, 9 million needed by 2037

# Assess what we want and need:

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- What do we want for ourselves in later life?
- Assess future needs for care
- Forecast increase in no. of older people next 10 years
- Forecast increase in people with LTCs and needing care
- Assess implications for care and for carers.
- UK expects 60%+ increase in people unable to perform daily living tasks without help and with moderate or severe disability between 2010 and 2030
- How should we respond?

# Prevent or reduce our need for care:

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- How can we avoid to reduce the need for care?
- Healthy lifestyles are critical
- The make for better later lives and less care
- But need to understand how to help people change
- Has to be a key part of our strategies

# Plan and prepare for care:

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- What can we do to plan and prepare ourselves?
- How can Governments help us to do?
- But we don't plan and prepare, markets are fragile
- Disposable income is not great enough
- Information to plan is not there
- Support to prepare is often not there
- Government's don't help enough
- What would a good strategy look like?



# Carers and Caring

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- Carers are the foundation of care in the UK and everywhere
- Better support, care leave critical
- By 2017 in the UK, the numbers needing care will be more than numbers in families able to provide it
- Vital to find ways local communities can provide support
- But these will not meet all increasing needs, more funding is needed too

# Funding and quality of care services

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- More older people must mean we will spend more on care through tax or personal contribution
- Existing UK systems of support and payment not adequate now and more pressure coming
- State funding for social care has fallen
- Demand is rising, eligibility criteria are tougher
- By 2020 will a £4.3 billion funding gap in social care
- Quality of care is an increasingly major issue in UK

# Managing care better – an agenda for change

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- “*Facing up to these challenges requires a comprehensive vision of long-term care*” – OECD 2011
- Face the future – forecast demand
- Address how we sustain independence?
- Will current service systems and funding policies be adequate then?
- Does your country and Government have a strategy for care in an ageing society?

# Campaign for change – learning from each other

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- UK Government is more aware of our ageing society
- Government Spending Review for next 5 years – cuts to public spending certain
- NHS spending protected- but not care
- No ten year plan to address growing care needs
- Campaign to address the need for care?
- Championing vision for better longer life

# Contacts

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Centre for Ageing Better

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