

# Enhanced participation, safety and security for older people and their carers with health supportive e-services

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Kalmar kommun  
WWW.KALMAR.SE



Mörbylånga  
kommun

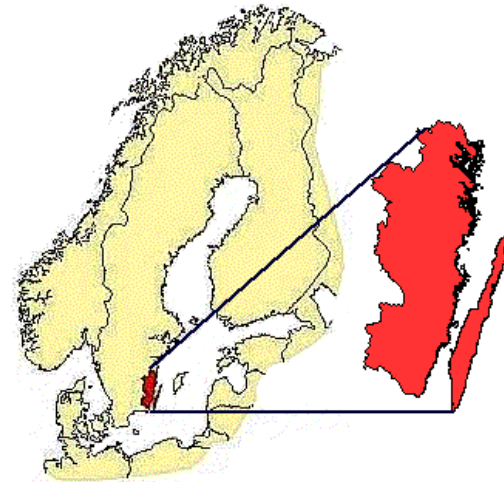


BORGHOLMS  
KOMMUN



## Presentation overview

1. About the project SAFE
2. How to prepare the organisation for health supportive e-services



# The SAFE project

Smart, Active, Functional, Effective

Funded by the **Swedish Innovation Agency (VINNOVA)** focusing on:

*innovative solutions to meet future health care needs and preferences of older people and their carers.*

Step 1 – Constellation and idea development phase – pre study  
2014-12-15 - 2015-08-05

Step 2 – Cooperation project – research and development project

Step 3 – Commercialization

## The global challenge

- Enable older people to remain in their own homes with help of their carers and society's health and social care services.
- Older people and their family carers should be involved in their own care and feel safe and secure
- Transitions in the health care and social care system should be bridged to benefit older people and their carers aswell as professionals in the organisations.

.....with supportive e-helth services!!!!!!!!!!

## Problems that the project aims to solve

- older people's experiences of loneliness and social exclusion,
- carers' experiences of burden and lack of satisfaction in caring, older people and carers' experiences of lack of participation and accessibility within health and social care,
- staff's feelings of inadequacy and lack of job satisfaction and
- decision makers' wishes to be able to ensure safety and security for service users and their carers.

## Co-production

Project group consisting of 33 persons; older people, carers, non-profit organisations, staff from Kalmar County Council and 3 municipalities, companies, university, and the Swedish Family Care Competence Centre.

Older people, carers and staff within the region with the oldest population in the country have been involved in all phases of the project.



## What we have done in the SAFE project

- Regular project meetings and steering board meetings
- Idea seminar
- Blended learning networks
- Focus group interviews with carers already using ICT/supportive e-health services.
- Inventory of what's going on concerning e-health on a regional, national and international level; through conferences, seminars etc.

Focus on Cooperation and participation!!

# Pilot projects/studies

ONE first contact to both health care and social care for fragile older people and their carers (cooperation)

Mobile access to vital and relevant information about patient/care recipient for the involved

Visual, digital direct contact for the involved in the care process: older people, carers, doctors, needs assessors, home care staff, nurses etc.

Digital information, advice, support and consultation in geriatric home health care and palliative guidance

Health status/health consultation for carers by nurses at the University training centre in cooperation with the Primary Health Care

Creation and maintenance of "Communities of practice" for older people, carers and staff

**Nka**<sup>TM</sup>  
Nationellt kompetenscentrum anhöriga

An interactive platform regarding cultural activities directly linked to the home



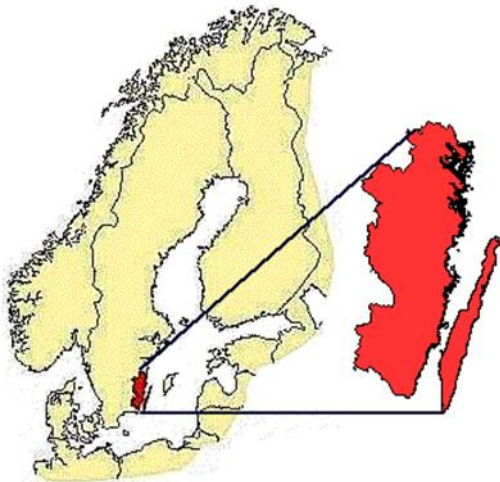


## What have we done locally? – challenges in preparing the organisation



Photo: [www.fotoakuten.se](http://www.fotoakuten.se)

# Southern Öland. The longest island in Sweden. (140 km long)



## Facts

- Inhabitants 14.000 in the southern part
- Low level of education and economic standard
- The most ageing population in Sweden
- Infrastructure
- Care professionals are from municipality, primary health care service and of course carers

## Problems needed to be solved

- Old and fragile people and their carers live isolated and excluded from the society
- Emotional deprived
- Less opportunities to draw advantage of information from institutions in the society that also includes health services.

## Preparing organisation

- The organisation needs to prepare for health supportive e-services
- New ways of working and thinking
- There is a need for more integrated and personal health care services
- Different organisations need to find new ways of working together
- Older people, carers and staff from municipality, primary care and hospital need to communicate and have the same information in a common plan
- The carers should be included in the team
- The older people and their carers need to be involved in the project

## What we have done so far?

- A new nurse/specialist who's working with old patients has been employed as a direct link
- We have started a group with representation from municipality, primary healthcare, geriatric specialist. Together they establish a common plan for each patient including also the carers needs
- The information concerning the patient is going to be the same and can be reached from each member in the team including the patient and her/his carer through the computer.
- We are also planning to reach each other through e-services. So that the older person and carer can get in contact with doctor, nurse or the geriatric clinic. Also get in contact with friends and others who are in the same situation. **Here we are working together in the project SAFE.**

## The next steps

- **Bring SAFE on the agenda of the joint management-** consisting of the 12 municipalities and Kalmar County Council. (integrate in already existing strategies for the county?)
- **Refinements/specifications concerning pilot studies**
- **Work during autumn with an application for Step 2**  
Cooperation project – research and development project, carrying out pilot studies

**Thank you!**

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