

SAVE THE DATE



The First 1000 Days in the Nordic Countries Supporting a Healthy Start in Life

**Nordic Conference on Mental Health and the Early Years
June 27th 2022 in Reykjavík Iceland**



THIS INSPIRING CONFERENCE on mental health and the early years is the final event of a three-year Nordic collaborative project, *The First 1000 Days in the Nordic Countries*, which was launched under the 2019 Icelandic Presidency of the Nordic Council of Ministers. As a final outcome, the project will offer policy recommendations for Nordic governments on how to best support children's wellbeing during the first 1000 days of life and make sure that all children born in the Nordic countries receive the best possible start in life.

The conference will share the knowledge and good practices gathered during this extensive project and offer a venue for researchers and professionals to present on the current state of knowledge for supporting children's mental health and wellbeing at the beginning of life. The focus is on how we can move forward into the 21st century with a growing awareness of the importance of the early years and how welfare states can apply existing knowledge on mental health and the early years to support social and economic sustainability.

The foundation for a prosperous society is laid by strengthening the foundations of a healthy childhood.

It is our honour to invite you to this final conference that will take place at the Harpa Concert and Conference Centre in Reykjavík Iceland on June 27th 2022.

The conference will be in hybrid form offering a chance to participate either in person or online. Both options will be free of charge for participants.

Registration will open in March 2022 at www.first1000days.is

We kindly ask you to SAVE THE DATE and share this information with your colleagues and anyone who might be interested in attending the conference.

We look forward to welcoming you in Reykjavík during the magical time of summer solstice in 2022!